### **SPECIAL EDITION** THE YEAR AHEAD

WEEKEND, December 26-28, 2014

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# EDMONTON C R NEWS WORTH SHARING.



### **INSIDE:**

- Omar Mouallem's New Year's resolutions for Edmonton (Pg 28)
- Are we any closer to that far-flung 2015 envisioned in Back to the Future 2? (Pg 31)
  Folks, it's time for an etiquette lesson (Pg 39)
  and more...







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# **Best NYE bashes in the city**

### For auld lang syne.

Resolve to ring in the new year at one of the many shindigs going down on Dec. 31

### **HAINES**

Before the champagne cork pops and resolutions are made on Dec. 31, you've got to figure out where to party and how to get there. There's an event for every taste, from jazz or Latin-themed numbers at the Delta Edmonton South Hotel, to a fundraising gala at the Fantasyland hotel acrobatic entertainment

If you want to forget the dress code, join the masses at Midnight Madness Pub Crawls, with party buses and VIP access to clubs around Old Strathcona and downtown. The same goes for the New Year's Eve Extravaganza club crawl - party bus, four club stops and VIP access for about a \$25 ticket. Wildly popular with students, the pub and club crawls are open

If you'd like to park yourself at one downtown hot spot, how about On the Rocks (11740 Jasper Ave.) and a night with SuperBand? Band manager Jay Cairns describes the night as "a power-funk nine-piece party - an interactive experience that leaves the audience drenched with funk, some laughs, a good time, great music and a great show." A \$40 ticket gets you dinner and that trip to funky town, or \$25 to enjoy the

Thousands of Edmontonians can't be wrong. The



### **Getting around**

• Transit. To encourage merry-makers not to drink and drive on New Year's Eve, the city is offering free ETS service from 6 p.m. to 3:30 a.m. LRT will operate until the last southbound train from Clareview runs at 3 a.m. The last train heading to Clareview will leave Century Park at 3:07 a.m., with trains

city's biggest celebration is

the 15th annual New Year's

Eve Downtown on Sir Win-

ston Churchill Square — a

free, non-alcoholic family

event with indoor kids'

crafts, face painting and live

operating on a seven-to eight-minute service schedule, says the More peace officers and police will be on the line.

Taxis. Cabs will be hard to come by on

music, followed by outdoor

skating, music, food conces-

sions and hay rides. New this

year, families can watch a

free outdoor showing of Fro-

zen at 7:15 p.m. on a three-

storey-high inflatable screen.

New Year's Eve, whether at big hotel events or at clubs along Whyte and Jasper avenues. Though you may be tempted to **NEW YEAR** grab a ride from the illegal cabs that may or may not look like legitimate taxis, the city reminds residents

> City spokesperson Karen McDonnell said that while attendance varies with the temperature, anywhere from 15,000 to 30,000 have taken in the entertainment and fireworks in past years. Park-

taxis have city decals that include the cab company and taxi unit number. ing at city hall, Stanley Milner Library, City Centre West and Canada Place parkades is

to take a pass on these.

According to the city's Garry

Dziwenka, Edmontonians

are encouraged to choose

reasons, and to report any

problematic behavior. For

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just \$1 after 5 p.m. on Dec. 31, but it may be easier to let transit get you to and from the crowded downtown.

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### **EDMONTON 2015: ONE TO WATCH**

# Helping women's voices be heard

Violence against women. Edmontonian is advocating for a new conversation

LUCY HAINES

edmonton@metronews.ca

For Amber Niemeier, director of communications and advocacy at the YWCA of Edmonton, the recent high profile national and international assault cases involving Jian Ghomeshi, football player Ray Rice and Bill Cosby aren't surprising — she and her colleagues are used to dealing with violence against women every day.

But if shining a light on the issue makes people say "enough," Niemeier said, then there's hope for change. The YWCA and Niemeier hope their work in Edmonton will be at the forefront of that change in 2015.

"A national discussion is exploding. It's an indication that people are willing to engage on something that has been a closed-door issue," said Niemeier. "It's that willingness to change that's different now — we can offer people tools to make those changes, and advocate for women's voices to be heard."

A life-long Edmontonian, 34-year-old Niemeier has spent the last decade working with fellow YWCA staff to offer services - counselling, support groups, youth empowerment programs (the Y has been around for 107 years) — and now a new focus on advocacy that Niemeier describes as "dynamic, innovative and unafraid." With the YWCA's CEO Jacqueline Ford, Niemeier said she will work with the City and other groups to highlight issues that impact women in unique ways poverty, lower wages, and access to child care, among

Ford said the YWCA is well-positioned to be the cornerstone agency for women in this city. "We've done a great job reacting to what the community needs, and we plan to make sure women's voices are at the table," Ford said.

Niemeier said the city has also stepped up to help, pointing to recent initiatives



like the WAVE (Women's Advocacy Voice of Edmonton) committee, that will address themes of engagement and leadership. Even the YWCA's annual fundraiser, Walk a Mile in Her Shoes (which this year saw over 250 men strut around Sir Winston Churchill Square in high heels, raising some \$106,000 for YWCA violence prevention and recovery programs) is a simple, symbolic way to engage the entire

### Quoted

"A national discussion is exploding ... people are willing to engage on something that has been a closed-door issue."

Amber Niemeier, director of communications and advocacy at the Edmonton YWCA

community, Niemeier said.

Those initiatives will be in the spotlight as our city continues to grapple with the issue of domestic violence and women's safety.

Niemeier said 2015 will see the YWCA taking a close look at public policy and cultural behavior — and why our city isn't as safe for women as it could and should be.

"I'm tired of talking about it — it's outrageous that with our city's wealth, Edmonton is ranked as one of the least safe places for women in Canada. We teach women how to stay safe, but we also teach men how not to harm," she said. "We need to work with everyone — men, women, boys and girls."

### **EDMONTON 2015: 3 MORE TOP INFLUENCERS**

### Putting the pedal to the metal

As executive director of the Edmonton Bicycle Commuters Society (EBC), Christopher Chan said he's slowed, but not thrown off track in his efforts to make Edmonton a more bikefriendly city.

"Is two streets in four years fast enough? Edmonton's still new to the concept of bike commuting, so it's a big step forward, but we're falling behind other cities in North America," said Chan, a 30-year-old Barrhead native who has made bikes his business at work and at city hall.

With EBC, Chan offers how-to-ride and bike safety programs, and oversees two volunteer-run bike shops in the city. He said a



planned 2015 municipal travel survey will show what he already knows — that more Edmontonians than ever are cycling, not just for recreation but as year-round commuters.

"It'll be an interesting year for cycling. Now that council has approved developing 102 Avenue and 83rd Avenue, we want to make sure it's done right," he said. "People clearly want to bike, but need to feel safe."

### Commercializing nanotechnology

As a U of A grad student researching things like transparent conductive materials and nanoelectronics, Samira Farsinezhad, 34, knows her work doesn't translate easily into the commercial industry in Edmonton — not yet, at least.

"I came to Canada and Edmonton because of wonderful equipped labs like nanoFAB and NINT, but I know there are only a few small companies related to this field here," said Farsinezhad, who will soon finish her PhD in nanotechnology at the U of A's electrical and computer engineering department. "The choice for me and my peers is either R & D in an industry job or remain in academia. It's a chal-



lenging field that can have a huge effect in future industry, but the city needs to offer better connections between university and industry."

While the tech industry overall continues to grow in Edmonton — the newly renamed Edmonton Digital Arts College is one example — Farsinezhad said she hopes more companies like Applied NanoTools, Norcada and Micralyne will emerge to keep grads in the city and country.

### Harnessing the Edmonton energy

When occupational therapist Robin Mazumder moved to Edmonton in 2012, he said he never thought it would feel like home. But two years later, the 29-year-old is immersed in civic happenings, from taking a place on the board of Make Something Edmonton to helping organize the summer pop-up bike lanes and this month's first-ever YEG snow fight.

"This city is open and engaging — people are encouraged to get involved, and there's support for vision and ideas," said Mazumder, whose light-bright project with the Stanley A. Milner Library introduced him to a slew of local "ideas" people. He said



while 2015 will feature continued conversations about bike lanes, transit and city infill, he hopes the dialogue will result in a united voice, rather than an "us against them" mentality.

"I can't expect everything to happen at once, but I see our potential," he said. "There's a surge of positive energy at city hall too — it's exciting to imagine what can happen when we harness that energy."



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EDMONTON

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### The future of policing?

### Police to study body cameras

As we move into 2015 and Edmonton prepares for big things to come — a new arena, updated downtown - it will be interesting to watch the evolution of the Edmonton Police Service. An analysis on body-worn cameras, which the chief has hailed as the future of policing, is expected to drop in the new year. But questions are popping up around privacy rights that could be breached by the new footage.

LEAH HOLOIDAY/METRO

### How will EPS respond?

### Sexual assaults are on the rise

Another disturbing trend is the increase in sexual assaults in the city and EPS's response. It'll be interesting to watch what role EPS and Edmontonians take to combat the increase.

LEAH HOLOIDAY/METRO

### **EDMONTON 2015: SCHOOLS**

# Is a year full of budget cuts ahead?

### **Education.**

Gay-Straight Alliance legislation is also on the agenda

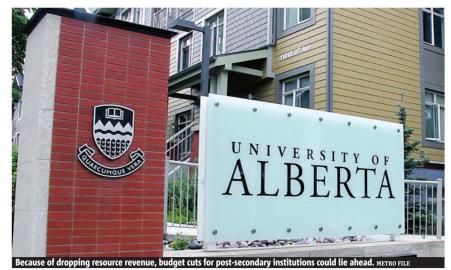


It's been a busy year for anyone interested in education — a whirlwind debacle of a much-maligned teacher task force, new testing methods, a cabinet shuffle and a brand-spankingnew minister, to boot.

Here's what's to come in 2015.

### GSAs

Albertans should keep an eye out for the Prentice government's answer to Gay-Straight Alliances in schools, which caused unexpected outcry when the Tories tried to introduce the much-criti-



cized Bill 10.

Will the new legislation stick to what has been presented and give school boards the final call, but allow students an opportunity to fight the decision in court?

Or will it be more closely aligned to the proposed Bill

### School infrastructure

While we're on the topic of education, new school infrastructure will surely take centre stage in 2015 as well. Oil prices aren't looking too promising and the province will have to tighten its purse strings to compensate for dropping resource revenue.

New schools were promised in October, but there are a number of questions circling what the schools will look like, and when shovels will hit the ground.

Community leagues and school trustees have been working to develop innovative ways of building muchneeded infrastructure in the sprawling suburbs. The fate of these forward-thinking solutions will be more clear in the coming year.

### **Post-secondary**

The province's coffers will also play a large role in deciding the fate of funding for post-secondary institutions. It's unclear if there will be more cuts, but sources have told Metro the government is bracing for the worst.





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### **EDMONTON 2015: CITY LIFE**

# 4 things to watch for in the new year

Edmonton is building, building, building. Here are a few of the projects in the works.

### **Transit**

With the Metro Line opening and Valley Line project agreement finalized this year, this will be one of the biggest years for ETS LRT projects.

The Metro Line LRT will allow NAIT students to connect with the rest of the LRT line and will also allow sports fans heading to the Rogers Place arena an easy ride to the big game once it opens in early 2015.

The transit app will be in full operation in 2015, a technology that will change how users navigate their way around the city thanks to realtime information.

STEPHANIE DUBOIS/METRO

### Downtown life

2015 will be an even bigger year for the downtown core as many of the buildings/sky-scrapers will start to take more substantial form than just steel frames.

As demonstrated by the onslaught of office and business towers announced in 2014, city officials expect an even greater demand seen in the retail and entertainment industry within the downtown core as people begin looking at downtown differently. The shift to downtown will also show how other retail and entertainment areas, such as West Edmonton Mall and Whyte Avenue will continue to compete in retaining businesses.

The impact on the social scene will also play a large role in the downtown feel as some city festivals will have to decide to shift their celebrations away from Churchill Square into other areas in preparation for the Valley Line LRT construction.

STEPHANIE DUBOIS/METRO

### Cycling and active transportation

Edmonton's growing younger demographic will continue to push for other modes of transportation beyond vehicles in 2015.

Cyclists got some of their bike lane requests in 2014 budget deliberations but undoubtedly these active members of the community will find some way to get other initiatives like wayfinding started, with or without council dollars, as proven through a recent survey the Edmonton Wayfinding Project conducted themselves.

STEPHANIE DUBOIS/METRO

### Arena build

Edmonton's new downtown arena will still be nine months away from opening its doors by the time 2015 comes to an end, but it should look a lot more like an entertainment complex than it does today.

The building won't open until the fall of 2016, but the construction crews have said that the exterior of the building should be complete this year.

Beside the new arena, a new office tower for city staff will start to slowly rise from the street and the city's newest and soon to be tallest tower will also take shape as the Stantec building begins construction.

RYAN TUMILTY/METRO



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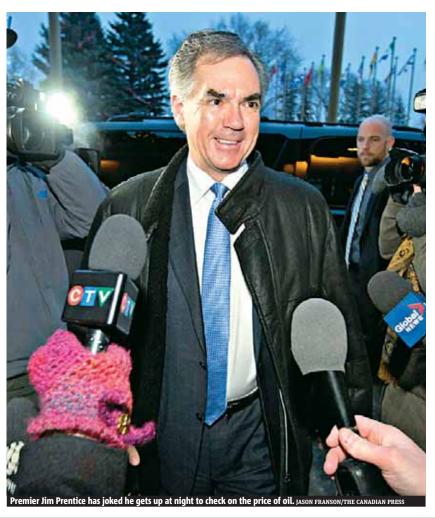
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### **EDMONTON 2015: POLITICS**

# What's lies ahead in Alberta politics

Plummeting oil prices are expected to stay low and wreak havoc on Alberta's budget, Minister Diana McQueen has been tasked with creating a city charter, and new riding boundaries mean Edmonton's MP races may be more competitive than usual.





### Oil slide

Premier Jim Prentice jokes that he gets up at night to check on the price of oil, but the issue will be no laughing matter for Alberta's budget in 2015.

The plummeting prices are expected to stay low, which will pose big problems for a province that depends on resources revenues for 21 per cent of the budget.

Prentice has already said there will be belt-tightening, but hasn't yet spelled out who will face the budget axe or how deep the cut will be. He has ruled out a sales tax, but hasn't specifically said no to other tax hikes.

Alberta initially based this year's budget on the promise of oil selling at \$94 a barrel, a prospect that now seems very unlikely.

The oil price also creates political problems for the "under new management" government. While Alberta is not scheduled for another election until spring of 2016, don't be surprised if the premier decides to go to the polls early.

### City charter

City councillors had a near constant refrain during the latest budget debate, and whether it was in social services, policing or infrastructure they were unanimous: the province isn't doing enough to help.

Premier Jim Prentice met with Calgary Mayor Naheed Nenshi and Edmonton Mayor Don Iveson within days of winning his party's leadership and has tasked Minister Diana McQueen with negotiating a city charter.

The charter is supposed to reflect the emerging importance of the big cities and potentially give them the funds to deal with all of those issues. The Redford government also promised such a deal, but the talks never amounted to more than chatter.

Prentice has set a timeline for those talks and they're expected to offer up an agreement by 2016, but with the province having a lot less money to spend next year it may be much less willing to share.

### Federal vote

Albertans will be going to polls this year to elect new MPs, and for the first time some races in Edmonton might be more competitive.

Alberta has traditionally been a Tory blue stronghold, but new riding boundaries, changing national sentiment and some retirements could change the landscape.

With the province growing in size, there will be four new Albertans in the House of Commons come this fall. Those new riding lead to boundary adjustments across the city. Many of the city's ridings overlapped into suburban and rural areas before the redistribution, but now have only city residents inside.

Two well known Conservative MPs, Laurie Hawn and Peter Goldring, are also retiring, which should make their ridings at least slightly more competitive. Nomination contests for the Liberals and the NDP have been much more contested than usual.



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### **CANADA 2015: SEXUAL ASSAULT**

### Will rash of talk translate into action?

**Conversation.** If we don't make changes, we risk losing any progress we've made this year



Society is fickle.

It always has been, in a way, but we see it more today than ever before.

It used to take hours for news to spread across the country or around the globe, landing in your living room just in time for breakfast. Now, it spreads faster than a British Columbia wildfire during a drought.

As a result, the conversations we have often change just as fast. Outrage about government scandals blends into chatter about the best new meme blends into more outrage about whatever's captured our short attention spans. We are like kittens working the production line in a glitter factory.

The conversation we had about sexual assault this year broke the modern-day mold.

Sparked largely by now dethroned CBC Radio icon Jian Ghomeshi accused of using power to parlay violence, Canada's dialogue about what's right and just plain wrong in the bedroom, workplace and everywhere else didn't blend into anything else.

It was, for months, at the forefront of intense political debates, casual coffeehouse conversations and, perhaps most importantly these days, social media.

Hashtags like #NoMore and #BeenRapedNeverReported started trending on Twitter as a steady line of women stepped forward to declare they had been raped, felt up or treated like a sex toy.

Could it be that after decades of hushed back-room



whispers about body shapes and less-than-consensual one-night stands that we had turned a corner?

Everyone hoped — and continues to hope — that's the case. Given our past behaviour,

however, it's doubtful.

Remember the throngs of Hollywood stars who stood front and centre during the HIV/AIDS movement? How about all those moustaches proudly sprouted for Movember? Or the deaths of Michael Brown and Cpl. Nathan Cirillo?

All were, at some point in the very recent past, issues pushed to the forefront of a communal march toward a better world. But, unfortunately, the fervor has died.

When was the last time you saw someone wearing an AIDS ribbon? Canada raised 45 per cent less for Movember this year than in 2013.

The #BlackLivesMatter hashtag, synonymous with Brown's death at the hands of a Missouri police officer, is still being used, but it's hardly trending. After being gunned down on Parliament Hill, Cirillo is now being remembered as only one of many stories of 2014.

Our conversation about sexual assault risks the same fate unless it moves from talk to action in 2015.

Promises by political committees dedicated to the topic need to be fulfilled, promises of more support for victims need to become reality and victims need to continue coming forward with stories that turn enough stomachs to hold our attention spans — over and over again.

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### **CANADA 2015: COURT**

We saw a lot of big names land in court this year, which means there will be a lot of courtroom drama to watch in 2015. These are some of the major criminal cases to keep an eye on, according to Canadian defence lawyer Daniel Brown.





### Sandro Lisi

Former Toronto mayor Rob Ford's friend and driver Alexander (Sandro) Lisi is expected to be go on trial for charges of extortion, as well as trafficking in marijuana, possession of the proceeds of crime, possession of marijuana and conspiracy to commit an indictable offence.

Lisi is accused of extorting Liban Siyad and Mohamed Siad in attempts to get the first Ford crack video.

There is no guarantee the public will get a chance to see the crack video in the course of the Lisi trial because it is possible it won't be used as evidence, Brown said. "The allegations of extortion over the video don't necessarily require the Crown to prove even the video existed," Brown said.

Ford has been subpoenaed. "We can expect Rob Ford might come to court and testify, presuming he's healthy enough to do so," Brown said.



### **High profile court** cases to watch



victims.

Details of the case will be made public

in the New Year, but the identity of two of the women accusing him of sexual assault will remain covered by a publication ban.

The third, actress Lucy DeCoutere, requested to be named publicly.



### James **Forcillo**

James Forcillo is charged with second-degree murder and attempted murder in the July 2013

Toronto street-

car shooting death of Sammy Yatim. His trial will be a rare one — a police officer charged

Yatim, 18, was allegedly holding a knife on an empty Dundas West streetcar when he was shot eight times. Cellphone video and surveillance video of the shooting have been seen by the public and spurred anti-police

violence protests across the city. Forcillo was initially suspended from the police force without pay, but he returned to work in an administrative role last February.

### **Dellen Millard**

Dellen Millard faces three counts of first-degree murder, including one for the death of Tim Bosma.

Bosma went missing after leaving his Ancaster, Ont., home to take the truck he was selling on a test drive. His burned remains were later found on Millard's farm.

Mark Smich is also charged in that homicide.

Millard is also charged with firstdegree murder in the death of his father and the death of Laura Babcock, a friend who went mis-

sing in June 2012. "It's rare to prosecute all cases together," said Brown. "We would expect it to be consecutive trials.'



### Justin Bieber

Justin Bieber, accused of dangerous driving and assaulting a member of the paparazzi, could face a trial in Stratford, Ontario, Brown said.

Bieber himself has not made a court appearance in the case, disappointing the Beliebers who have

been on hand to catch a glimpse.

"If his case goes to trial, we can expect him there," said Brown.

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# Pipelines' futures far from certain

### 'Social licence'.

Builders must go beyond obtaining the necessary permits

Once considered a rather hohum line of business, pipelines dominated much of the public discourse in 2014.

In recent years, the debate has spread beyond the direct environmental impacts into broader issues around anything from global climate change to First Nations rights. Although proposed projects from Alberta's oilsands to the east, west and U.S. Gulf Coasts made some progress over the past year, their prospects remain far from certain.

A near-halving in crude prices over the past six months has led to widespread belt-tightening in the oilpatch, calling into question future demand for new transport infrastructure.

But that's just one of the litany of challenges for pipeline builders seeking "social licence" to build their projects — measures that go beyond simply obtaining the necessary government

permits.

Enbridge, for example, has received federal approval for its Northern Gateway pipeline, providing conditions are met. But due to considerable opposition, it has been "re-engaging" with B.C. First Nations along the pipeline route.

Many First Nations are concerned a potential spill would destroy the water or land on which they rely. Pipelines have also been at the centre of a larger public debate about fighting climate change. THE CANADIAN PRESS



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metr⊕ **CANADA** metronews.ca WEEKEND, December 26-28, 2014

### Success stories

### Crowdfunding gives big boost to tiny companies

There was \$1.3 million raised for high-fidelity wireless speakers and almost \$1.2 million for specialty drones.

In 2014, several tiny Canadian companies went from obscurity to making headlines on tech blogs around the world thanks to successful crowdfunding campaigns.

"An older paradigm about crowdfunding was four guys in their garage who couldn't find money any other way," said Steve Tam, a marketing manager with Indiegogo Canada.

"Now we're seeing an increasing number of companies who are either already in market or have a very validated product and are using crowdfunding as a part of their marketing campaign, or their fundraising, or their access to international markets.

Mass Fidelity, headquartered just east of Toronto, turned to Indiegogo earlier this year. The company sought about \$55,000 to help get its Core wireless speaker system into production.

To the Core team's astonishment, the modest campaign raised more than 25 times what the company was originally seeking, eventually surpassing \$1.3 million.

The second most successful crowdfunding campaign in Canada this year was for the PlexiDrone, targeted at photographers and videographers, which raised \$1.17 million after setting a goal of about \$115,000. THE CANADIAN PRESS

# New rules spark frustration among medical pot patients

### Massive overhaul.

People prescribed medical marijuana are no longer allowed to grow their own supply

Shaun Simpson has had a migraine headache for the past seven years.

His medical problems started with surgery to remove a piece of his skull that was pressing against his brain. The procedure left him with a spinal-fluid leak, which, in turn, fuels a nearconstant headache.

For years, Simpson took a dozen or more Tylenol 3 pills a day, but they caused unpleasant side effects and weren't completely effective.

About two and a half years ago, he received a prescription for medical marijuana, which he ordered from Health Canada.

"I don't feel like I'm drugged out or stoned from the Tylenol 3; I'm actually more active and social," says Simpson, 34, who is a photographer in the Maritimes. "It's really changed my life as far as day-to-day routine

Simpson is among tens of thousands of Canadians who have used medical marijuana legally since 2001, and, like many of those patients, he was forced earlier this year to adjust to a massive overhaul of the system.

The federal government implemented new rules prohibiting patients from growing their own pot and instead restricting production and sale to a new collection



of licensed commercial oper-

But the system has been beset by complaints of low supply and high prices. Some producers have long waiting lists and are plagued by frequent sellouts, and approvals for new operations to fill the gap have been slow.

Simpson initially signed up for Toronto-based Mettrum, but he said the company was often sold out of the strain he needed. He is now on the waiting list for OrganiGram, based in Moncton, N.B., and in the meantime he's been using grey-market marijuana dispensaries.

Ottawa introduced the previous medical marijuana regime following a court decision in 2000 that ordered it to provide access to the drug.

About 38,000 patients received authorizations under that system, most of whom either chose to grow at home or asked someone else to grow it for them. Several thousand bought directly from Health Canada, which sold a single strain for \$5 a

The previous regime was repealed on March 31 of this year, leaving fledging commercial producers the only official option. However, a Federal Court judge issued an

were registered under the new system as of Oct. 31. That's an increase from about 5,100 in April and almost 8,000 in June.

injunction that has allowed many patients to continue growing their own until a trial examining the updated rules in the new year.

There are currently 15 companies licensed to produce and sell medical marijuana. Prospective suppliers must meet a list of strict conditions, including rigorous security requirements.

Denis Arsenault, CEO of OrganiGram, says the regulations have mostly been work-

"It's been a very good experience; when they come in to do their inspections, it's very clear they want us to succeed," says Arsenault.

"Everybody is better off if a patient has access to their medicine, if there is a steady, regulated supply.

THE CANADIAN PRESS



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# What a tangled web we've woven

**E-politics.** The Internet has come into its own as a force for social change, both good and bad, and in this new world we'll all need to be brave



If 2013 was the year when, in light of the Edward Snowden disclosures, we finally reckoned with the true power of the Internet as wielded by governments and corporations, then 2014 was the year when, in light of the Woody Allen, Jian Ghomeshi and Bill Cosby affairs, GamerGate, and the anti-police-brutality protests - we reckoned with the true power of the Internet as wielded by civil society. (And then at year's end, of course, along came government's reply, in the form of the Sony hacks, which the U.S. eventually confirmed were the work

When the primacy of certain institutions is no longer taken for granted, value systems are reopened for debate. It's in periods of such flux that great progress stands to be made.

have been profound, and the anxiety and uncertainty that remain will, I believe, lead to major social changes in 2015 and beyond. I don't know what they'll be but I guarantee they're coming.

Above all, what we'll continue to come to grips with in the coming years is that the Internet can do more than merely supplement the processes of the brick-and-mortar world; it can supersede and even outright replace those processes.

A government can spy on you planting a bug.

A police officer thought to have committed an act of brutality can be identified, whether mistakenly or accurately, without his department releasing his name.

A man can be accused of being a sexual criminal, and be condemned by wide consensus – attaining a measure of social justice for victims and families - without the authorities trying, convicting or even arresting him.

A major entertainment conglomerate can have its private documents made public and can be forced, under threat of violence, to bury a \$42-million movie without anyone breaking into the company's offices or so much as speaking to an employee. On some level, we've known for a while now that such things were possible. But there's a difference between knowing something could happen and watching it happen.

When the primacy of certain institutions — the criminal-justice system, for one — is no longer taken for granted, value systems are reopened for debate. It's in periods of such flux that great progress stands to be made. The wideopen questions that face us heading into 2015: Who will progress and at whose cost?









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### **WORLD 2015: CLIMATE**



### The Earth's elephant in the room

### Climate change.

Scientists' warnings have never been more urgent and humanity's response has never been less adequate



For most of 2014, news stories reporting climate scientists' findings about humanity's ongoing punishment of Earth's atmosphere, as well as their increasingly dire predictions about the severity of the damage on weather patterns, bio-diversity and food supply that such punishment stands to inflict, appeared with the usual frequency (regular but not overwhelming).

These stories also appeared in the usual media venues, and the comments from the carbon-counting eggheads bore the usual flavour of urgency (assertive but polite, with a soupçon of held-out hope). But at a certain point in the year's latter months the conversation heated up.

First, in September, came the annual report from the Global Carbon Project. Predictably depressing results: emissions reached record levels in 2013, having increased by 2.3 per cent in 2013. Canada and the U.S. remain two of the world's worst per-capita emit-ters. (The money quote, cour-tesy of one of the eggheads who contributed to determining the number, was strik-ingly unequivocal: "There is no more time. It needs to be all

The top carbon-dioxide-emitting countries, by worldwide rank, as of 2011, according to the U.S.'s Energy Information Agency.

- 1. China: Total emissions (in millions of tonnes): 8,715.31
- 2. United States: Total emissions: 5,490.63
- 9. Canada: Total emissions: 552.56

hands on deck now.")

Then, in the year's final weeks, another summit, this one in Lima, which itself was only a prelude to yet another summit next year in Paris, ended with the 190 partici-pating countries agreeing to a set of emission-reduction pledges that nearly everyone involved characterized as craven and watered down. Summation: Things got

worse than ever in 2014. Of course, the problem with saying that any one year's climatechange news is the worst yet is that it opens one up to charges of recency bias. The problem with recency-bias charge, however, is that, because the causes of climate-change are cumulative, every successive year that doesn't produce a concerted international counterattack is in fact and by definition the worst year in the history of the problem.

This issue will not go away

in 2015. Right up to the mo-ment when we do what's required to make it better, it will

### **Cubans hoping future is brighter than past**

The restoration of diplomatic ties between Cuba and the United States unleashed expectations of even more momentous changes on an island that often seems frozen in a past of classic cars and crumbling Art Deco buildings.

Following the surprise announcement, many Cubans expressed hope that it will mean greater access to jobs and the creature comforts

taken for granted elsewhere, and lift a struggling socialist economy where staples like meat, cooking oil and toilet paper are often hard to come by.

That yearning, however, was tempered with anxiety.

Some fear a cultural onslaught, or that crime and drugs, both rare in Cuba, will become common along with visitors from the U.S.

There is also concern that the country will become just another Caribbean destina-

That mix of optimism and concern was a com-mon refrain among Cubans trying to digest the implications of such a seismic shift between the two Cold War rivals after more than half a century of bad blood. THE ASSOCIATED PRESS

Some (Cubans) fear a cultural onslaught, or that crime and drugs, both rare in Cuba, will become common along with visitors from the U.S.



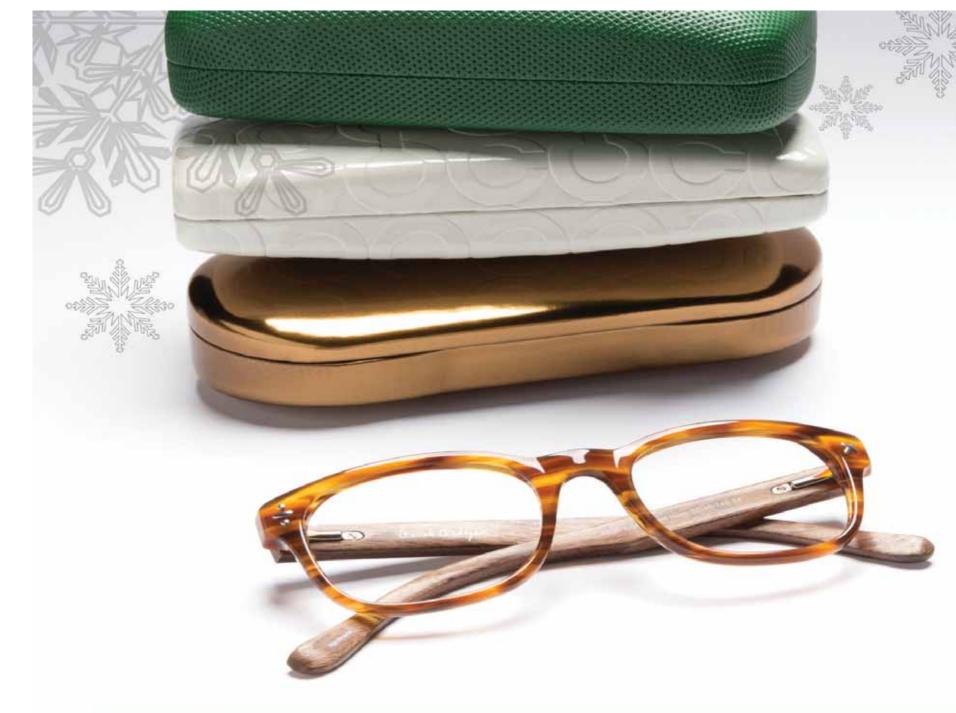


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26 WORLD

metronews.ca WEEKEND, December 26-28, 2014

### WHO WE SAID GOODBYE TO IN 2014

A list of some of the newsmakers who passed away this year.

### Farley Mowat, 92

Master storyteller and tireless defender of nature and wildlife. He penned some 40 books, including Never Cry Wolf and The Boat Who Wouldn't Float. May 7.

### Robin Williams, 63

Academy Award winner and comic supernova whose explosions of pop culture riffs and impressions dazzled audiences for decades. Aug. 11.



THE ASSOCIATED PRESS

### Rubin (Hurricane) Carter, 76

Boxer whose wrongful murder conviction became an international symbol of racial injustice. April 20.

### Mavis Gallant, 91

Montreal-born writer who carved out an international reputation as a master short-story author while living in Paris for decades. Feb. 18.



THE CANADIAN PRES

### Maya Angelou, 86

Author and poet who rose from poverty, segregation and violence to become a force on stage, screen and the printed page. May 28.



IE ASSOCIATED PRESS

### Mickey Rooney, 93

Pint-size actor and allaround talent whose 80year career spanned silent comedies, Shakespeare, Judy Garland musicals, Andy Hardy stardom, television and the Broadway theatre. April 6.

### Philip Seymour Hoffman, 46

He won a best actor Oscar in 2006 for his portrayal of writer Truman Capote in Capote and created a gallery of other vivid characters, many of them slovenly and comic figures. Feb. 2.



GETTY IMAGE

### Pat Quinn, 71

Former NHL player, longtime coach and executive. He coached for the Philadelphia Flyers, Los Angeles Kings, Vancouver Canucks, Toronto Maple Leafs and Edmonton Oilers, reaching the Stanley Cup Finals twice. Nov. 23.

### Alistair MacLeod, 77

Prairie-born author who won the 2001 IMPAC Dublin Literary Award with his only novel, No Great Mischief. April 20.

### Joan Rivers, 81

Raucous, acid-tongued comedian who crashed the male-dominated realm of late-night talk shows and turned Hollywood red carpets into danger zones for badly dressed celebrities. Sept. 4.



THE ASSOCIATED PRESS

### Shirley Temple, 85

Dimpled, curly haired child star who sang, danced, sobbed and grinned her way into the hearts of Depression-era moviegoers. Feb. 10.

### Jim Flaherty, 64

The former Canadian finance minister was a fixture on the world financial stage who stepped down in March to return to the private sector. He was credited with helping get Canada back on track to a balanced budget following the 2008 financial crisis. April 10.



THE CANADIAN PRESS





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### **VOICES**

### **EDMONTON 2015: NEW YEAR'S RESOLUTIONS**

## GET ON BOA

Omar Mouallem's championing an end to the 'City of Champions', among other suggestions for civic self-improvement. Can he convince you to support his resolutions?



We all make them. We all break them. Hence we call them resolutions and not promises. But like quitting smoking or hitting the gym, they have a higher success rate if you make a buddy pact.

In the spirit of civic self-improvement, here are five goals for 2015 that I hope all Edmontonians can get behind.

1. Drop the City of Champions. The Globe and Mail reported this week that Edmonton was excising the tired slogan in "a sign of civic maturity." If only it weren't completely

Given the slogan's sports origins and our pro teams today, it's hard to say it with a straight face. We can't even claim the world's largest baseball bat anymore. It's also so unoriginal: Boston, Baltimore, Pittsburgh and Inglewood are cities of champions.

Maybe we can start a club. Or accept that we are not a name-brand soda but a capital city that doesn't need a jingle. And while we're at it, can we replace that hideous town-

2. Succumb to photo radar. Nobody likes speeding tickets. Nobody rejoices at the sight of a City of Edmonton envelope, gleefully cuts a cheque and skips to the mailbox \$70 poorer.

But that doesn't make it an injustice. There are signs literally posted in front of you indicating the speed limit, which you are free to exceed if you don't mind risking



paying a toll - a toll that helps offset everrising property taxes. As my friend Duncan Kinney put it: "I love photo radar because it's a tax I can avoid."

3. Spread some LRT love to ETS. We're finally getting serious about LRT. Awesome. But trains only travel so far and may never keep apace with urban sprawl. For all other

transit, you need buses. Buses that are frequent and reliable — that don't fill you with anxiety inside unheated bus shelters while you count for exact change and wonder, "Is the No. 23 late again or did I miss it?'

Council just approved \$1.8 billion for the Valley Line (the biggest city contract in Alberta history), but administration couldn't

justify \$40,000 departure boards for transit centres? Great LRT and great bus service are not mutually exclusive — they're inter-

4. Cool the downtown boosterism. After decades of neglect, downtown has its mojo back, so it's tempting to celebrate every hole and crane. But Edmonton's been here before. The 1960s and '70s boom set in motion a pattern of unfriendly development that devastated small businesses, erased historic buildings and put downtown in a decades-long sleeper hold.

It's awakened now, but given the rapid upswing of development and downswing of oil it should be a time of critical thinking. So when Enbridge announces it's partly consolidating its downtown offices into a new tower the reaction shouldn't be "Woo-hoo!" (as it mostly was) but "How much excess office vacancy can the downtown market han-

5. Just say no ... to Q Water. Foodies are familiar with this food tax, er, "special offering" of water in many of Edmonton's best restaurants. And the ways they convince you to pay for filtrated water is mesmerizing.

I've seen Q Water sold as an environmentally friendly alternative (as opposed to tap?) or as a chance to give some proceeds to a charity (you don't have a choice).

But what do you expect from a product that honest-to-goodness markets itself as "a new twist on a classic beverage." Yes, I suppose water is a classic. Granted it's \$1, but Edmonton's water quality is spectacular — and

### New Year's resolutions for newsmakers as imagined by Rebecca Kohler



People who participated in the Ice Bucket Challenge: This year, we resolve to donate to charity without being tagged by a friend on Facebook. And this year, we will actually donate money, not just a video of ourselves in that cute bikini we bought in Vegas.

Don't tell anyone, but we didn't even put ice in the water. In fact we warmed it up and put lavender bath salts in it. We pretended it was cold, but it was actually really soothing.



Jian Ghomeshi: This year, I resolve to start

a really cool radio show about arts and culture. My only guest will be my mom and we'll broadcast from my childhood bedroom. If need be, I will relocate my studio to the Millhaven Institution.

Apple: Last year we released the iPhone 6, but that's old news — let's face it, it was old news five minutes after you bought it.

This year, we resolve to launch the iPhone 10 we'll release the 7, 8 and 9 quickly throughout the year but their batteries will only last for two months and we'll make sure their screens smash faster than Humpty Dumpty's skull.

The iPhone 10 will be nicknamed the

iPhone Large and will be the size of an iPad Mini but so thin you won't be able to see it. It will come with an app that eats money and can be purchased on layaway with your first-born child as down pay-

Ebola: In 2015, I resolve to do more travelling. I hear Iceland is gorgeous!

Renée Zellweger: In 2015, I resolve to not change my face. I won't get Botox, or chemical peels (maybe one) and I will love myself for who I am.

It's hard because the film industry makes me feel bad about myself, so I changed my face, but then they all made

fun of me so it's like, "What?!"

No, but seriously, I'll just stick to moisturizer and maybe some Retin-A but no fillers. I mean, who am I, Meg Ryan?

Malala Yousafzai: I am honoured to have won the Nobel Peace Prize in 2014. I resolve this year to continue being one of the most inspirational people on the

Perhaps in 2015 I will try improving

the world further by posting a no-makeup selfie. I can only hope to be so

Justin Bieber: 2015: Girls, peeing, mop-buckets, eggs, depositions, yo.





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### **SCENE 2015: BACK TO THE FUTURE**

# Marty!! Are we any closer to trying your hoverboard?

**Back to the Future 2 year is nigh.** 2015
will bring us into the movie's future minus the DeLorean so let's do some comparisons



EHRBAR Metro World News in Hollywood

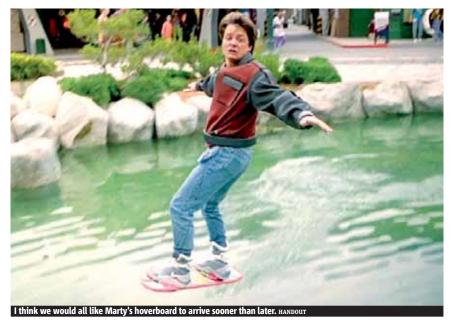
It's time, everybody. We're finally reaching 2015, the future presented in the 1989 sequel Back to the Future II that was full of auto-drying jackets, freeze-dried pizza and hoverboards. So now is about as good a time as any to take stock and see how we're doing with the technological advancements predicted in the film.

### **Hoverboards**

It looked like we almost had this a year ago, but it turned out to be a Funny or Die hoax that Tony Hawk was in on. He's back again saying for real he's really tried one out, but we're finding it hard to trust again. Besides, if Segways never really took off, what hope do hoverboards have?

### Flying cars

Possibly the biggest gripe people today have about the future we were all promised. Way to continue that wave of



disappointment, Back to the Future II.

### **Food hydrators**

Still not sure exactly how this technology is supposed to rejuvenate and enlarge a hockey puck-sized frozen pizza, but that's beside the point. The film apparently predicted that Black & Decker would still be the reigning kitchen gadget company of the future. Boy, were they wrong.

### Giant in-wall video conferencing

In the film, they basically combine giant home flatscreen TVs and Skype. They even had the foresight to predict the massive, industry-wide aspect ratio change to widescreen.

### **Nike Air Mags**

Nike actually released a replica version of these totally boss high-tops in 2011, but they weren't actually self-lacing, so really what's the point? We're stilling bending

down to tie our shoes like our parents and grandparents.

### Flying automated news cameras

This one's not that far off, actually, given the rise of consumer-level remote-control drones and GoPro cameras. So good work, movie.

### **Double neckties**

Thank God these never caught on. The less said about this bizarre fashion choice, the better.

Tiring online pranksters

### What gives, Internet?

For several years running, online pranksters have been following a bizarre pattern of behaviour:
Taking the image of Doc Brown's upgraded DeLoreon dashboard from Back to the Future II, modifying it to show a different date and posting it online with the breathless caption, "Today is the day Marty McFly travelled in time to in the future!"

Only it's not. That day is Oct. 21, 2015. But that hasn't stopped countless Photoshop-happy fiends from misleading people on Twitter and Facebook, starting in 2010. It happens on a surprisingly regular basis, and the coming year will likely only see more of such antics.

The question remains, though: What's the point? There's really nothing to gain from duping people with this gag, and it gets disproved quicker and quicker each time. Yet still it persists. Our only guess is the reward is the pure, immature joy of manipulating others' gullibility and willingness to retweet things.

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### Surviving the Walking Dead mid-season hiatus

(Note: Spoiler alert!) We're halfway through the fifth season of The Walking Dead, and the body count has been relatively low for the show, considering its history and the size of its cast.

Sure, we just lost Beth in rather dramatic fashion, plus Bob earlier in the season and a whole bunch of Terminus cannibals. But come on, this is the zombie apocalypse we're

talking about here.

While we wait for the series' return in February, let's look at who has the best chance of making it to Season 6. We're ranking the characters on a survival scale of one to 10, with one being practically already a Walker and 10 being safe and

NED EHRBAR/METRO IN HOLLYWOOD

### **Baby Judith**

What kind of a monster are you?

### Michonne **Daryl Dixon**

As much of a fan favourite as Daryl, and she's taken too season to kill off. Surely they wouldn't do

that to us.

Michonne

As much as Rick is the face of the show, Daryl is the heart — at least much of a backseat so far this as far as diehard fans are con-

cerned. If anyone's going to make it all the way through this show alive, it's him.

### **Rick Grimes**

Yeah, he's not going anywhere any time soon, not since they reunited him with his baby in Season 5, but they haven't given him much screen time at all with her or Carl so far. Unless the second half

of the season is Grimesheavy, in which case maybe they're building up to a shocking finale.

### **Carl Grimes**

Oh, come on, the boy? He's only just starting to come into his own, and his development as a hardtalking apocalypse survivor still has a lot of places to go. Still, if they really wanted to send Rick off the deep end...

### **Carol Peletier**

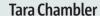
Speaking of Daryl, so much work has gone into developing his boon companion

Carol's character from battered wife to basically Rambo that she might have seemed to be headed for a heroic but tragic death. But then they put a lot of effort into saving her life and rescuing her in the last few episodes, so that

would just be mean at this point.

### Tyreese

The group needs its big, violenceaverse teddy bear, and Rick needs a capable babysitter. While Tyreese is totally the type to take one for the team, he's probably still got some time before he does.



That sense of humour might just be what helps keep her around, as nobody else is making with the inappropriate wisecracks this group so sorely needs

### **Glenn Rhee**

The voice of reason and resident good guy can only stick around so long, and the cast is getting pretty crowded. Still, we'd expect to see Glenn and Maggie get some more quality screen time before one of them bites it.



### Maggie Greene

We give her about the same odds as Glenn, but if it's any consolation it will probably only be one or

### Sasha

She's really, really upset about Bob still - with good reason - and she's been giving a lot of steely-eyed stares lately. We could see her going down in a blaze of heroic glory once the show comes back.

### **Abraham Ford**

He's been through the ringer with the revelation about Eugene being a big old liar, and we've gotten a lot of back story for him already this year, so he could be primed for a splashy exit by the end of the season.

### Noah

He's pretty new, and he's still got some mistakes to make up for nobody touches Daryl's crossbow! Does that mean a messy exit in the new year? He certainly needs some time to make good on Beth's sacrifice for him.

### Rosita Espinosa

She's gotten a fair amount of screen time in the first half of the season, and she's kind of occupying the same emotional and character space as a few others, so consider her back to have a big target on it going forward.

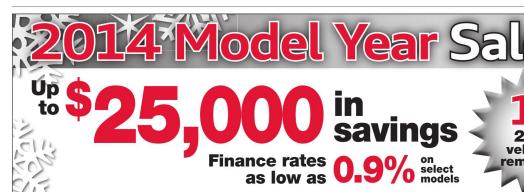
### Eugene **Porter**

He's got to make up for that huge lie he got everyone to buy into, or at least he's a great source of tension within the group. He's a prime candidate.



### **Father Gabriel**

We're honestly surprised he's made it this far. Expect this character's one note to be played to its logical conclusion before the finale.



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metronews.ca WEEKEND, December 26-28, 2014 **SCENE** 

### **SCENE 2015: MOVIES**



# Films not to be missed

Just because Hollywood is still in the grip of Awards Season doesn't mean we can't get excited about what the next 12 months have in store for movie fans. While we have to wait to see what indie and prestigious fare shake out of the festival circuit, mark your calendars with these now.



### **The Last Five** Years.

Feb. 19

While this musical starring Anna Kendrick and Jeremy Jordan isn't necessarily the best date movie — it chronicles a couple falling in and painfully out of love — it's definitely a better Valentine's Day choice than Fifty Shades of Gray.





Tomorrowland. May 22.

We're not really sure what's going on with this movie, and that's part of what makes it so exciting. George Clooney, a young female protagonist and Brad Bird directing? Count us in. Let's just hope co-writer and Lost alum Damon Lindelof doesn't let us down.

### Jurassic World. June 12.

This might be a terrible, terrible mistake, but we're willing to be cautiously optimistic. For now, at least. Director Colin Trevorrow's previous indie work gives us some hope, as does Chris Pratt on a motorcycle flanked by velociraptors. Come on, Pratt. Don't let us



Chris Pratt stars in Jurassic World. THE ASSOCIATED PRESS

### **Star Wars:** The Force Awakens.

Dec. 18.

No other 2015 film really embodies the term "anticipated" quite like this one. The more bits of information J.J. Abrams lets out, the more secure we feel in its awesomeness. It's going to be one crazy Christmas.

**Spectre.** Nov. 6.

The next James Bond film, with Škyfall director Sam Mendes sticking around for another go. They've barely been filming a month and it's due in theatres in November. You've got to at least admire the work ethic.



Pan opens July 24. HANDOUT

**Pan.** July 24.

Director Joe Wright has earned the benefit of the doubt with his spectacular and varied work on Pride and Prejudice and Hannah. But still, a "Peter Pan origin story" sounds like a very cynical, Hollywood idea.



**Inside Out.** 

Here's all you need to know about Inside Out. It's Pixar's first original movie in years, and it's about different personified emotions fighting each other for control of a young girl. Right?

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# Ed, Katy and Coldplay rule the streaming world

Taylor Swift and Beyoncé may be hogging all the headlines, but when it comes to artists people are actually listening to, someone has them both beat. Last week, Spotify revealed its list of the year's most popular artists, and at the top is Ed Sheeran, making the lovable redhead the world's most-streamed artist.

METRO

# Top Five Global Artists

- 1. Ed Sheeran
- 2. Eminem3. Coldplay
- 4. Calvin
- Harris 5. Katy Perry

GETTY IMAGES



# Top Five Global Males

- 1. Ed Sheeran 2. Eminem
- 3. Calvin Harris4. Avicii5. David Guetta



# Top Five Global Females

- 1. Katy Perry 2. Ariana Grande
- 3. Lana Del Rey
- 4. Beyoncé 5. Lorde

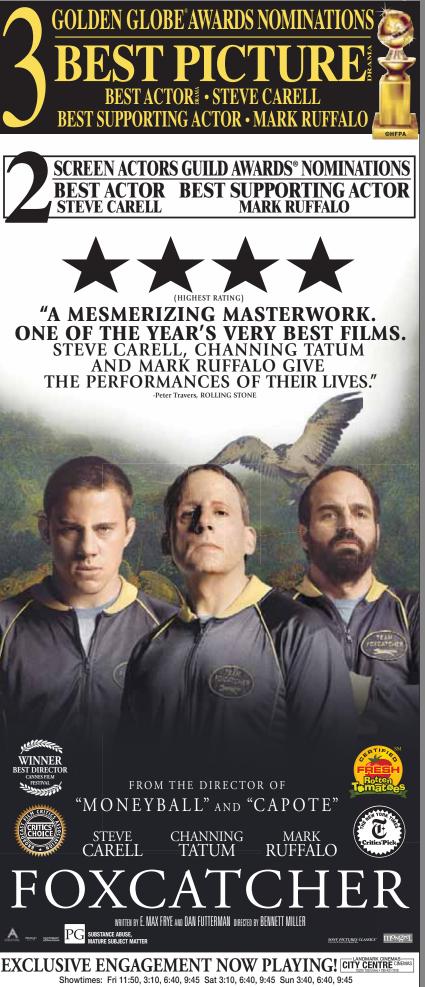




Top Five Global Groups

- 1. Coldplay
- 2. Imagine
- Dragons
- 3. Maroon 5 4. OneRepublic
- 5. One Direction





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# **LIFE 2015: SOCIAL ETIQUETTE**

# Time to ditch bad behaviours

Resolutions. Internet culture has permeated our habits and changed how we treat each other — and not in a good way



KATE CARRAWAY For Metro

Looking for a New Year's resolution? OK, probably not. But you may have spent 2014 participating in one (or, let's be honest, *more*) of these bad, or just sort-of-bad, behaviours. So here's what you might want to resolve to quit doing in 2015.

## **Public Transit**

It's time for a definitive ruling on public-transit behaviour especially mid-winter, when we're packed in more than usual. Can we finally agree that it's inappropriate to do any kind of grooming on transit? The nail trimming ob-

The nail trimming obviously has to go (the fact that people do this at all will remain a mystery of my lifetime), but I'm also not thrilled to see hair being brushed or lips being glossed or, especially, perfume being applied.

Similarly, eating food — I'm talking takeout, sandwiches, anything with a scent and a personality — is giving your fellow passengers a sensory experience they didn't ask for.

Sneaking a quick face-check via iPhone camera before arriving at your destination, or having a few bites of a granola bar, is permissible, but if you're really givin' 'er, rethink it.

**EXPetiand** 



# 'Compliments'

Street harassment was a hotterthan-usual topic in 2014, in part thanks to that viral video of a woman being catcalled as she walked around New York.

It probably came as a surprise to some people (men and women alike) that while just saying "hello" to someone on the street might be done with good intentions, it's not always taken that way (especially when it's the 10th thing a stranger has said to you that day).

It's easy to forget that everyone is having their own individual experience, and imposing ourselves on that experience through unwanted conversation is straight-up rude.

moderndog

Let's resolve to pay attention to other people's signals, and not assume that everyone is up for a question, a compliment or even a "hi."

# **Posting**

With so many news stories unfolding in real time and being posted on social media, there's a huge opportunity to do it wrong. Huge.

Before posting your opinion — especially if you know less about that issue than other people in your social networks—take a beat, and ask yourself if you really have anything to contribute.

If not, maybe do something else, something positive, with

the instinct to weigh in.

Of course, we're all entitled to post whatever we want on our own pages, but good etiquette involves always thinking about how we're creating and affecting other people's experiences.

Not adding something to an existing online cacophony is an easy, subtle way to be polite.

# **Phone Etiquette**

In a movie theatre ...

My personal choice for No. 1 worst-ever phone-etiquette foul is using a phone, even just to look at it just for a second, in a movie theatre.

Here's the rule: It's just fine to text, check Twitter, what-

105.9 ShineFM

ever, during the previews, but that thing better be off — off-off — before the feature starts. The glow of the screen is super-obvious in a dark theatre, not just to people behind you, but to everyone on either side, all the way to the back. The only time it's OK to use your phone during a movie is if you're in the very back row, and no one else is. Got it? Good.

At a concert ...

It's become common practice in the age of smartphones, You-Tube, Vine and Instagram to document the parts of life that weren't considered particularly notable even a decade ago, or the parts of life that are really better in the moment, like concerts or stand-up sets.

Taking one of a million grainy clips with terrible sound that end up on the Internet doesn't really have a purpose, anyway, and it's rude — to the performer, to the people you're with and to the rest of the audience — to ignore what's happening in real time.

On the street, or anywhere ...

Camera-phone culture means it's become common practice to take photos of other people, semi-randomly and without asking. Which is crazy!

Don't take a picture without first asking if it's cool, and don't post a picture of someone else on the Internet. That anyone would ever do this, without the other person's permission, is evidence of how much Internet culture has permeated our habits when it comes to how we treat each other.

When in doubt in 2015, think of what you might have done in 2005 — or 1995 — for guidance.

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# **LIFE 2015: FOOD TRENDS**





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# Your calf is grass

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# Fermented friend

Keffir is the new Greek yogurt, for sure, but what else can you do (deliciously) to contribute to a healthy gut? Kimchi, sauerkraut and tempeh are all fermented foods that deliver other strains of probiotics and food to feed them with.



# The REAL deal

If Loblaws is doing it, you know it's a trend that's here to stay, Consumers are choosing foods that are good for their health - looks as though we are finally getting the message that what we do today affects our bodies and quality of life tomorrow. All President's Choice products are being (or have been) reformulated to remove artificial colours and flavours ... let the food improvement competition begin!



# Alternative protein

Let's face it, some of us find the gluten-free trend unappealing. But our highcarb, low-protein diets are killing us. Now protein is finding its way into everything, and perhaps the most comforting trend comes in the form of fresh pasta that is low-cal, high-fibre and high-protein - it's sweeping us off our feet. Look for Skinny Pasta in the refrigerated section of your grocery store and never look back.

# Rise of the humble sap

The whole world is hugging the maple tree as it turns its back on sugar. This sweetener is showing up in everything from yogurt to doughnuts, in spreads and coffees — meaning the humble sap is taking its place in the limelight. Wear a smudge of it on your cheek with pride.



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# **LIFE 2015: HOROSCOPES**

# **SALLY BROMPTON**

ottawa@metronews.ca

# What the stars hold for you

# Aries (March 21 to April 20)

You are rarely slow to assert yourself, either in your personal life or in your career, and the solar eclipse on March 20 and the lunar eclipse on Sept. 28 suggest you will be even more active and ambitious than usual this year. But don't forget that even an ultra-competitive Aries needs to recharge their batteries once in a while. Jupiter's move into the well-being area of your chart on Aug. 11 will encourage you to take up some sort of relaxation or meditation technique. You will need it!

# Cancer (June 22 to July 23)

Saturn in the well-being area of your chart means you need to pay more attention to your health — physical, mental and emotional. That may not sound like a lot of fun, but don't worry because with Jupiter moving into one of the more outgoing areas of your chart in August, the second half of the year will bring plenty of social opportunities. What happens around the time of the solar eclipse on Sept. 13 will remind you that it can be just as much fun to travel as to arrive.

# Libra (Sept. 24 to Oct. 23)

Venus, your ruler, teams up with Mars in late February to create the perfect conditions for love. If there is someone you want to get close to romantically, don't wait for them to make the first move — spell it out and let them know you think the two of you would make the perfect couple. Career-wise, July is the best month to let employers and senior colleagues know you want a better deal. Make your demands when Mars links with Mercury on July 16 — it's unlikely they will refuse you.

# Capricorn (Dec. 22 to Jan. 20)

Capricorn may be cautious by nature but it is also a cardinal sign, and that means you always work toward a long-term goal. What happens between the solar eclipse on March 20 and the lunar eclipse on April 4 will bring into focus how successful you have been in turning your ambitions into concrete achievements, and you may well decide on a top-to-bottom relaunch of your life. The bigger you think and act this year, the more you will accomplish.

# Taurus (April 21 to May 21)

Is there something you have neglected to do? More to the point, is there someone you still need to resolve certain issues with? According to the planets there is, and 2015 is the year to sort it out. Saturn's return to the relationship area of your chart in June will encourage you to do it. Jupiter in your fellow Earth sign of Virgo from Aug. 11 promises great things creatively and romantically, but only if you do something about those emotional loose ends. The final four months of the year should be truly spectacular.

# Leo (July 24 to Aug. 23)

A family matter you thought had been amicably resolved will return to vex you this year — especially after Saturn moves back into the domestic area of your chart in June. This time there can be no half-measures — stamp your authority on the situation and insist that everyone follow your lead. You are nobody's fool, and anyone who thinks they can manipulate your emotions is in for a rude awakening. Treat yourself to a vacation around the time of the lunar eclipse on Sept. 28 — you will have earned it.

# Scorpio (Oct. 24 to Nov. 22)

You have so many big ideas but you don't seem to be doing much with them. Why is that? Most likely it has to do with the influence of Neptune in the most creative area of your chart. Neptune is the planet of imagination but also indecision, so you tend to chop and change for no good reason. Happily, the influence of go-getting Mars will help you to decide what to focus on in 2015. Set your sights high, but more importantly don't change tack halfway through the year. Whatever you start, see it through to the end.

# Aquarius (Jan. 21 to Feb. 19)

When your ruler Uranus squares up to power planet Pluto in mid-March, you will be thrust into a situation that demands a decisive response. If someone has been taking advantage of your trusting nature, you must deal with them ruthlessly so everyone knows you are not a soft touch. The rest of 2015 will be plain sailing and come November, when Mars moves into the most adventurous area of your chart, you may even be sailing for distant shores.

# Gemini (May 22 to June 21)

Venus and Mars, the relationship planets, join the sun in the most adventurous area of your chart on Feb. 20, so if you are in the market for love you won't have to wait long to find it. Existing relationships will improve as well, especially if you make an effort to spice things up. Saturn in your opposite sign will bring challenges, especially in the closing months of 2015, but it will also bring opportunities to forge long-term alliances with serious people who balance your own carefree attitude.

# Virgo (Aug. 24 to Sept. 23)

The big news this year is the entry of Jupiter into your sign in August. Jupiter improves your lot on every level, but more importantly it widens your outlook on life, enabling you to see connections and possibilities where previously you could see only stumbling blocks and confusion. Mars in sympathetic Taurus from March 31 to May 12 is also an omen of bigger and better things to come, so start making plans and don't let the past limit you. Think of 2015 as a new beginning.

# Sagittarius (Nov. 23 to Dec. 21)

Mars in the domestic area of your chart from mid-January to mid-February will help you get your home life in order, and it's important that you do so because later in the year your focus will be on more worldly matters — you certainly won't have time for family dramas. Jupiter spotlights career issues from Aug. 11 onward and it's quite possible that you will change jobs or even go back to school and study for a completely different line of work. It's never too late to move in a new direction.

# Pisces (Feb. 20 to Mar. 20)

Your self-assurance will increase this year — especially around the time of the solar eclipse on March 20, which only just falls in your birth sign but will still do wonders for your confidence. And that's good because a lot of people will be depending on you. The year's other solar eclipse on Sept. 13 suggests you will be called on to fill a leadership role, one in which you can use your intuition and compassion to bring together people who might otherwise waste time in needless competition.



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**SPORTS** metronews.ca WEEKEND, December 26-28, 2014

# World juniors at home is the best gift of all

Five reasons why. This holiday season, watch the daring Danes, the frustrated Swedes and cheer on Canada's young guns



LIPSCOMBE

With hanging wreaths and wrapping presents comes another important holiday tradition — world juniors.

Here are five reasons to watch the 2015 IIHF world junior championship, starting Boxing Day and concluding with medal games on Jan. 5:

#### 5. Daring Denmark

Denmark may not be the top team at the rink, but will be interesting to watch. The country has earned its way back into the world's best junior tournament after winning gold in the 2014 IIHF U20 World Championship Division I Group. The daring Danes are serious about competing, and they used the World Junior A Challenge, held earlier this month in Kindersley, Sask., as a world juniors warm-up. It's a family affair for head coach Olaf Eller, whose son Mads plays forward for him, and won the 2014 Memorial Cup with the Edmonton Oil Kings.

# 4. NHL star power

Many junior-age NHL players jump at the chance to wear their country's colours on the



Team Canada players stretch at selection camp on Dec. 15 in St. Catharines, Ont. Frank Gunn/The Canadian Press

ice, and Canadian Anthony Duclair is no exception. The New York Rangers have released him so he can re-join Team Canada at the world juniors. Players such as Jonathan Drouin of the Tampa Bay Lightning, Aaron Ekblad of the Florida Panthers and Nathan MacKinnon of the Colorado Avalanche are staying in the big leagues.

# 3. Swedish vengeance

Sweden is sick of silver. After losing to the U.S. in the 2013 final and falling 3-2 in overtime to rivals Finland in last year's championship game, nothing less than gold will do for the frustrated-with-secondplace Swedes. Perhaps more so for forward Jacob de la Rose and defenceman Robert Hägg, who represented their country at both of those world junior disappointments. They have a good chance of getting what they want. Both have also been improving in North America this season, de la Rose with the AHL's Hamilton Bulldogs and Hagg with the AHK's Leigh Valley Phantoms.

#### 2. Russian Wildcats

Forward duo Ivan Barbashev and Vladimir Tkachev aren't just teammates on their country's national junior team,

they're also former teammates on the Moncton Wildcats of the Quebec Major Junior Hockey League. Yep, a couple of Russian kids have honed their skills together, in the middle of our Maritime provinces. Although Vladimir Tkachev was traded earlier this month to the Quebec Remparts, both like the QMJHL style of play and because of that experience, will be comfortable on the North American-sized ice surfaces in Toronto and Montreal. These two Q-league imports intend to improve on Russia's two straight bronze medals, and reclaim gold-medal bragging rights.

# 1. It's at home!

Hockey folks know that fans in the stands can become the all important "seventh player" on the ice for the home team, so Canada has a clear advantage this year, since the tournament is taking place in Montreal and Toronto. Whether you're watching on your tablet or television, or seeing it unfold live at Bell Centre or Air Canada Centre, game action will be impacted by an awesome atmosphere, and your cheers for the red and white could make a difference on the road to gold.

For updates, go to metronews.ca



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WEEKEND, December 26-28, 2014

SPORTS

45

# Team Canada celebrates winning gold at the 2009 world juniors in Ottawa, the last time Canada won the top under-zo prize. It

# Let's hope this year starts a medal feast

Peaks and troughs. Five golden years preceded five goldless years so a turnaround is due



CAM TUCKER cam.tucker@metronews.ca

For Canada, when it comes to winning gold at the IIHF world junior championship, it's been feast or famine.

The last time Canada won the under-20 tournament was 2009 in Ottawa. The late Pat Quinn was behind the bench. That capped off a run of five straight gold medals for the red and white, a feat the nation also celebrated in the mid-1990s.

But since Ottawa, Canada's world junior team has fallen on hard times. Five years without gold. No medals in each of the last two competitions. Break out the inevitable wisecracks about Canada needing a mass

Detail

Canada has been drawn into a tough Group A against the U.S., Finland, Slovakia and Germany in Montreal. Group B, played at Toronto's ACC, consists of Russia, Sweden, Czech Republic, Switzerland and Denmark. Here's a look at Canada's group stage games:

- Fri., Dec. 26 vs. Slovakia
- Sat., Dec. 27 vs. Germany
- Mon., Dec. 29, vs. Finland

• Wed., Dec. 31, vs. U.S.

summit of brilliant minds and big names to cure what ails our game and restore the nation's place in hockey greatness.

This drought isn't unprecedented, but you'd have to go all the way back to the early 1980s, the days of Soviet Union domination in hockey, when Canada had a run of two or more years of finishing without a medal.

This year's tournament,

starting Boxing Day, takes place in Toronto and Montreal — two of Canada's largest, most historic hockey markets. There's nowhere to hide. The pressure on Canada's junior team has always been great. It will be greater this time around. The feeling has long been anything short of gold in this tournament is a failure. Maybe that's unfair.

It's turned into a tradition for hockey fans coast to coast, tuning in during the holiday season, skipping work—sorry, "calling in sick"—to watch.

The world juniors have long since been a staple on TSN, and since that network lost its NHL broadcast deal, this tournament is sure to garner more focus from a television aspect, especially because, well, Toronto

The last time Canada broke out of its gold-medal funk — back in 2005 — Sidney Crosby was on the team. The 2014-15 team has teenage phenom Connor McDavid. A sign, perhaps?

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# AUGMENTED REALITY

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→ See the full instructions on Metro's Voices page.

# Horoscopes by Sally Brompton

# **M** Aries

March 21 - April 20

If you are nice to someone who does not deserve it today you will benefit in unexpected ways early in the new year. People in positions of authority will single you out for bigger things.

# **Taurus**

April 21 - May 21

Try not to waste money on things you do not need. It may not bother you now but in a few weeks time you may regret having been so free and easy with your cash.

# ∐ Gemini May 22 - June 21

Keep personal info to yourself today. You may be tempted to bare your soul and let a certain person in but the planets warn . that is not a good idea.

# **9** Cancer June 22 - July 23

It may be obvious that a loved one is keeping something from you but there is a good reason. This is one of those occasions when it really is better that you don't know what is going on.

# $\Omega$ Leo July 24 - Aug. 23

If someone in a position of authority wants you to do something for them today then most likely you will have no choice in the matter. Make it the best thing you've ever done.

# M Virgo Aug. 24 - Sept. 23

There is something you want to do with your life but it means giving up so much of what you already know. Is it worth it?

# 📤 Libra

Sept. 24 - Oct. 23

If you try to help someone out but they reject your offer, don't take it personally. Most likely they are under such pressure that they can't think straight.

# **Scorpio**

Oct. 24 - Nov. 22

According to the planets, a loved one is getting emotional for no good reason and it is up to you to calm them down and help them see sense again.

# **プ** Sagittarius Nov. 23 - Dec. 21

There is no such thing as a sure thing. Keep that in mind today you won't go wrong. Certainly not as wrong as some of your friends, who seem to think they can do as they please.

# **6** Capricorn

Dec. 22 - Jan. 20

You should be doing more with your talents. You have what it takes to make a mark on the world, so step into the light. Do something out of the ordinary.

# Aquarius Jan. 21 - Feb. 19

You like to be controversial but watch out you don't push it a little too far today and annoy someone you should try to stay on good terms with.

# H Pisces

Feb. 20 - March 20

Neptune in your birth sign means you are at your best when you let the caring side of your nature come to the fore. Don't worry that some might take advantage of you — that's a problem for their conscience.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

20

35

40

44

#### Across

1. December 26th: They draw customers to stores

6. 4 ats. 9. Comedian Drew

14. Hero of Upper Canada, Sir \_\_ Brock (b.1769 - d.1812)

15. 'Select' suffix 16. Jane Eyre was her governess

17. Laboratory dish 18. Bargains: 2 wds.

20. Freelancer's encl. 21. Move like a river

23. Pup's protests! 24. Soap brand

25. \_\_-aging cream 26. The \_\_\_ (Nick-name of Montreal's 1976 Summer Olym-

pics stadium) 29. Type of snake 31. Charity contributions

35. Hasn't (Doesn't realize) 37. Supplier for Wile E. Coyote

39. Nodful word 40. Boxing Day, to many: 2 wds.

44. Belonging to Sioux City's li'l state 45. Nylons nick

46. Lifetime series, "Devious 47. US crash-investigating agcy.

49. Washer and 52. Sailboat part

mall: 2 wds. 53. Larger-than-life 65. Lifeboat lowering

crane

55. Coat, as with plaster

57. Scottish comedian Mr. Ferguson 59. Adhere 60. Barenaked Ladies

song: "Be My Yoko 63. Place to eat at the 67. Sidewalk artist's tool

54

18

68. City of Brazil, with Paulo 69. Decree 70. Canadian rock

band, \_\_ Hatch 71. Always, fancy-style 72. Beverly Hills' Drive

#### **Down**

1. Has the beverage bit-by-bit 2. "...or to take arms against

3. Behind

4. Head hearer

5. Movie genre 6. Richard Gere flick, "American \_\_\_" (1980) 7. Profess

11. Gather troubles..." - Hamlet 12. Building extensions 13. Nod's meaning

19. Go-getter 22. Quebec locale,

8. The Lion

sister

9. Military trainee

10. George Clooney's

32

43

56

69

-Beauport 24. Fasten, as shoe-

laces: 2 wds. 25. Shoe prop, support

26. Drainage 27. Apple instant mes-

saging application 28. Makeup kit item

30. Like oversized clothing

32. Actress Ms.

Cornell 33. Honey drinks

34. Speak, archaically 36. Mini-albums, commonly

38. Street for Freddy 41. Canadian book-

store 42. Drug deal buster,

commonly 43. Poetic foot

48. Mr. Bumble's gig in Oliver Twist

50. Newspaper VIP

51. Sprinted 54. Fussy 56. Bovid bag

57. Small salmon 58. Horse hue

59. Highlands hillside 60. Roman love poet

61. Pleasant 62. "The Simpsons"

bus driver 63. US broadcasting

regulator 64. "What's the \_\_?"

(Why bother) 66. Commotion

# Dec. 24's Crossword

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See today's answers at metronews.ca/answers



# How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4	8	6	1	5	9	2	3	7
7	5	2	6	3	4	9	1	8
9	1	3	2	7	8	4	6	5
5	6	4	9	2	7	1	8	3
8	9	7	3	4	1	5	2	6
2	3	1	8	6	5	7	4	9
1	2	5	7	8	6	3	9	4
3	4	8	5	9	2	6	7	1
6	7	9	4	1	3	8	5	2

4	8	6	11	5	9	2	3	7
7	5	2	6	3	4	9	1	8
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5	6	4	9	2	7	1	8	3
8	9	7	3	4	1	5	2	6
2	3	1	8	6	5	7	4	9
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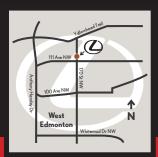
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